

CURRICULUM VITAE

Janina E. Fariñas, Ph.D., Psy., LPC

PERSONAL DATA

Current Positions:

Chief Executive Officer & Founder

La Cocina

116 East Oak Street

Fort Collins, CO. 80524

www.LaCocinaHome.org

Clinical Faculty, Naropa University

Department of Contemplative Psychology Studies

Paramita Campus

Boulder, Colorado

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Fort Collins, Colorado 80524

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EDUCATION

PhD Clinical Psychology

Concentration in Pediatric and Infancy Clinical Psychology

The Chicago School of Professional Psychology

Ph.D. Clinical Internship: The Erikson Institute; The Center for Children & Families

Postdoctoral fellowship: Institut Polycours, Pediatric Neuropsychology, Lausanne, Switzerland

MA Counseling Psychology/Contemplative Psychotherapy

Naropa University

Master's clinical internship: The Community Infant Program of Boulder County

Post-graduate Certification in Marriage & Family Therapy

Board Certified Sex Therapist (BCST)

The Colorado School for Family Therapy

Post-graduate Certification in Sandplay Therapy

Certified Systemic Sandplay Therapist (CSST)

BA Social Sciences

University of New Orleans

New Orleans, Louisiana

SUMMARY OF QUALIFICATIONS

- Social entrepreneur with a keen ability to bring innovative ideas to fruition.
- Expert practitioner of design thinking for social systems change.
- Highly sought-after clinician specializing in infancy & early childhood multilingual neuropsychology.
- Thought leader in Applied Liberation Psychology
- Community-grounded researcher expert in data equity frameworks and participatory methodologies that promote and celebrate collaborative and democratic data collection, analyses and evaluation processes.
- Creator and developer of original bilingual (Spanish-English) curricula and interventions, including those based on culturally-affirming mindfulness self-regulation, and of La Cocina's LiBRC (Liberation Based Reflective Consultation) framework for Latine supervisors.
- Languages: English, Spanish, French
- Licensed in the State of Colorado

PROFESSIONAL EXPERIENCE

Chief Executive Office & Founder

La Cocina

www.lacocinahome.or

March 2017 to Present

- Provide overall leadership, strategic direction, and organizational development.
- Advance all aspects of the organization's Latine Applied Liberation Psychology mental healthcare frameworks and approaches.
- Collaborate as part of an eight-member board of directors team dedicated to evolving the organization's mission, vision and values.
- Supporting a six-member leadership team as they advance key operational and clinical aspects of the organization.
- Developing and overseeing the organization's core faculty team, and supporting their ability to advance the institute's work in the world.

Assistant Professor and Clinical Faculty

Human Development and Family Studies

Colorado State University (CSU)

August 2016 to July 2019

- University faculty with all responsibilities ascribed to that title, including teaching Masters level students in the Marriage and Family Therapy (MFT) clinical program, supervising clinical trainees and student activities, providing supervisory clinical services to patients of the CSU Couples and Family Clinic (CFCT), and the Child Trauma & Resilience Center (CTRAC), and conducting trauma assessments for children under the age of six years of age.
- Overseeing development and implementation of an infancy and early childhood Trauma Assessment (CTRAC).
- Founder and Director, La Cocina, a community-led program providing free-of-charge mental health services to monolingual Spanish-speaking families in Larimer County.
- Community engaged research in Latinx health disparities, including how these affect community-members ability to engage in service-based programs.
- One Health Faculty Fellow, and founder, of the 1000 Days of Love community initiative—a community-wide alliance to optimize health in the first 1000 days of life.

Founder and Director
The Arc Neurodevelopmental Center for Children & Families
Lausanne, Switzerland

September, 2012 to July, 2016

- Define, direct and oversee all clinic activities and personnel.
- Manage contractual relationships with 10 Geneva and Lausanne area international schools.
- Direct the work of a 10-member clinical team dedicated to multilingual neurodevelopmental assessment, treatment, and multidisciplinary approaches to scaffolding clinical services.
- Provide thought leadership and organizational capacity to multi-agency collaborations to ensure culturally affirming services were provided in six Geneva and Lausanne social services agencies.

Pediatric Neuropsychologist (Postdoctoral Fellowship)
Institut Polycours

Lausanne, Switzerland

July, 2012 to July, 2013

- Conduct neuropsychological assessment and diagnosis of children ages two to six years old.
- Write neuropsychological reports and forensic reports based on clinical assessment and/or forensic designation by the penal system.
- Provide psychotherapeutic services.

MSR (Mindfulness Self-Regulation) Clinical Consultant
Erikson Institute

The Fussy Baby Network (FBN)

January, 2012 to August, 2014-- Chicago, Illinois

- Clinical consultation and training of licensed clinicians working with families with infants classified as having “colic.” (i.e. pediatric classification of colic is defined as infant crying for at least three hours per day, three days per week, three weeks in a row).
- Conceptualization, development, and delivery of 25 experiential (i.e. practice-based) training modules in MSR (Mindfulness Self Regulation). These training modules were utilized by FBN trainers to train clinicians and para-professionals in MSR.
- Conceptualization, development, and delivery of the core MSR training structure, namely the A-B-C (Awareness, Balance, and Connection) arrangement of the MSR training module, a training mechanism focused on reducing disregulated behaviors in families with infants diagnosed with colic.
- Consultation and training delivered as necessary and per contractual directives.

Interning Doctoral Fellow

Erikson Institute

The Center for Children & Families (CCF)

February, 2010 to April, 2012—Chicago, Illinois

- Conduct psychological assessment and diagnosis of children ages 12-months to eight-years.
- Work collaboratively with a multi-disciplinary team of eight mental health and/or developmental professionals to complete adoption assessments, custody evaluations, and other forensic psychological assessments with young children.
- Provided Child-Parent Psychotherapy based on a diagnosis of trauma.

TEACHING EXPERIENCE

Colorado State University (CSU)
Human Development, Family Studies and Infant Studies

Courses:

- (1) Family Issues in Sexuality
- (2) Youth and Community Engagement in Action Research
- (3) Latinx Family Studies

Naropa University
Clinical Faculty

Courses:

- (1) Counseling Skills III
- (2) Buddhist Psychology IV
- (3) Contemplative & Buddhist Approaches to Engaged Research

HONORS & AWARDS

- One Health Faculty Fellow 2018 Award
- Recipient of the 2017 City of Fort Collins Human Relations Commission Award—Awarded by the City Council and Human Relations Commission—December, 2017
- Commencement Graduate Student Speaker—Naropa University, May 10, 2008
- Scholarship recipient: WEB Dubois Scholarship
- Scholarship recipient: American Group Psychotherapy Association's (AGPA) Josephine M. Cunningham Scholarship
- Selected as Louisiana's top 100 Hispanics/2002 by El Vocero
- Selected as Louisiana's Most Influential Hispanic/2003 by La Prensa
- University of New Orleans "UNO Ambassador"

ADDITIONAL LEADERSHIP AND SERVICE

- Zero-to-Three Diversity Collective Leader
- U.S. Congressman Joe Neguse's Latino Advisory Council
- Governor Hickenlooper's Latino Advisory Council
- La Familia—Board of Directors, Executive Committee member

REFERENCES

Available upon request.